

ACT OF FAITH

O my God, I firmly believe that Thou art one God in three Divine Persons, Father, Son, and Holy Ghost; I believe that Thy Divine Son became man, and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because Thou hast revealed them, who canst neither deceive nor be deceived.

ACT OF HOPE

O my God, relying on Thy infinite goodness and promises, I hope to obtain pardon for my sins, the help of Thy grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

ACT OF CHARITY

O my God, I love Thee above all things, with my whole heart and soul, because Thou art all good and worthy of all love. I love my neighbor as myself for the love of Thee. I forgive all who have injured me, and ask pardon of all whom I have injured.

ACT OF CONTRITION

O my God, I am truly sorry for having offended Thee, and I detest all my sins, because I dread the loss of Heaven and the pains of Hell, but most of all because they offend Thee, my God, Who art all good and deserving of all my love.

I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.

PRAYER TO SAINT JOSEPH

To thee, O Blessed Joseph, do we have recourse in our tribulation. And having implored the help of thy thrice-holy spouse, we confidently invoke thy patronage also. By that charity wherewith thou wast united to the Immaculate Virgin Mother of God, and by that fatherly affection with which thou didst embrace the Child Jesus, we beseech thee and we humbly pray that thou wouldst look graciously upon the inheritance which Jesus Christ hath purchased by His Blood, and wilt assist us in our needs by thy power and strength. Most Watchful Guardian of the Holy Family, protect the chosen people of Jesus Christ; keep far from us, most loving father, all blight of error and corruption; mercifully assist us from Heaven, most Mighty Defender, in this our Conflict with the Powers of Darkness; and even as of old thou didst rescue the Child Jesus from the supreme peril of His Life, so now defend God's Holy Church from the snares of the devil and from all adversity; keep us one and all under thy continual protection that we may be supported by thine example and thine assistance, may be enabled to lead a holy life, die a happy death, and come at last to the possession of everlasting blessedness in Heaven. Amen.

For more copies, or for information, write to:

JESUS & MARY ROMAN CATHOLIC CHURCH

1401 WEST YANDELL DRIVE
EL PASO, TEXAS 79902

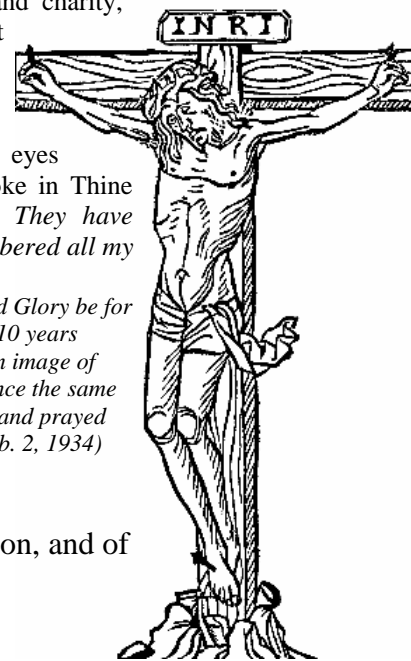
Good Olde Catholic Prayers

Over time and times a person tends to collect and build a store of treasures which they can hand on to their progeny. Holy Mother the Church is a loving mother with nothing on her mind except the glory of God and the welfare and salvation of her children. Thus, over many centuries she has built up a wealth of wholesome, time-honoured Catholic Prayers for every need and desire. Catholics know these prayers by heart and are able to recite them when the need presents itself.

PRAYER BEFORE A CRUCIFIX

Behold, O good and sweetest Jesus, I cast myself upon my knees in Thy sight, and with the most fervent desire of my soul I pray and beseech Thee to impress upon my heart lively sentiments of faith, hope, and charity, with true repentance for my sins and a most firm desire of amendment: whilst with deep affection and grief of soul I consider within myself and mentally contemplate Thy five most precious Wounds, having before mine eyes that which David the prophet, long ago spoke in Thine own person concerning Thee, my Jesus: *They have pierced my hands and my feet; they have numbered all my bones.* (Psalm XXI:17-18)

Then say one Our Father, Hail Mary, and Glory be for the intentions of the Holy Father. You may gain a 10 years indulgence by reciting this prayer piously before an image of Christ Crucified. You may gain a Plenary indulgence the same way if you have also confessed and communicated and prayed for the intentions of the Holy Father the Pope. (Feb. 2, 1934)



THE SIGN OF THE CROSS

In the name of the Father, and of the Son, and of the Holy Ghost. Amen.

THE OUR FATHER

Our Father, Who art in Heaven, hallowed be Thy Name. Thy Kingdom come, Thy Will be done, on earth as it is in Heaven. Give us this day, our daily bread, and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

THE HAIL MARY

Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

THE APOSTLES CREED

I believe in God the Father Almighty, Creator of Heaven and Earth, and in Jesus Christ, His only Son, Our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell: the third day He rose again from the dead, ascended into Heaven, and is seated at the right hand of God the Father Almighty, from whence He shall come to judge the living and the dead. *I believe in the Holy Ghost, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the Resurrection of the Body and the Life Everlasting. Amen.

THE GLORY BE

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen.

HAIL HOLY QUEEN

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope! To thee to we cry, poor banished children of Eve! To thee to we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious advocate, thine eyes of mercy towards us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O Clement, O Loving, O Sweet Virgin Mary.

Pray for us O Most Holy Mother of God.

That we may be made worthy of the promises of Christ.

PRAYER OF THE ANGEL OF FATIMA

O My God, I believe, I adore, I trust, and I love Thee. I ask pardon of those who do not believe do not adore do not trust, and do not love Thee.

Most Holy Trinity, Father, Son, and Holy Ghost, I offer Thee the most Precious Body, Blood, Soul and Divinity of Thy Son, Jesus Christ, present in all the Tabernacles of the world, in reparation for the sacrileges, outrages and indifferences by which He Himself is offended. And through the infinite merits of His Most Sacred Heart, and the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners. Amen.

PRAYER TO SAINT MICHAEL THE ARCHANGEL

Saint Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil; may God rebuke him, we humbly pray: and then do thou, O most Heavenly Host, by the power of God, cast into Hell, Satan and all evil spirits who wander about the world seeking the ruin of souls. Amen.



The Guardian Angel Prayer

Angel of God, my guardian dear,
To whom His love commits me here,
Ever this day (or night) be at my side,
To light and guard, to rule and guide. Amen.

-300 days indulgence

PRAYER TO CHRIST THE KING

O Christ Jesus, I acknowledge Thee to be the King of the universe; all that hath been made is created for Thee. Exercise over me all Thy sovereign rights. I hereby renew the promises of my Baptism, renouncing Satan and all his works and pomps, and I engage myself to lead henceforth a truly Christian life. And in an especial manner do I undertake to bring about the triumph of the rights of God and Thy Church, so far as in me lies. Divine Heart of Jesus, I offer Thee my poor actions to obtain the acknowledgement by every heart of Thy sacred kingly power. In such wise may the kingdom of Thy peace be firmly established throughout all the earth. Amen.

A plenary indulgence on the usual conditions once daily. (Feb. 21, 1923)

THE MEMORARE

Remember, O Most Gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help or sought thy intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of Virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petition but in thy mercy hear and answer me. Amen.

-Indulgence of 3 years; Plenary under usual conditions if said every day for a month (Sept. 8, 1935)

THE CONFITEOR

I confess to Almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to the holy Apostles Peter and Paul, and to all the saints, that I have sinned exceedingly in thought, word, and deed, through my fault, through my fault, through my most grievous fault. Therefore, I beseech blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, and all the saints to pray to the Lord our God for me.

May the Almighty God have mercy on me, and forgive me my sins, and bring me to life everlasting. Amen. May the Almighty and merciful Lord grant me pardon, absolution, and remission of all my sins. Amen.

SPIRITUAL COMMUNION

O My God, I love Thee above all things with my whole heart and soul, and I believe that Thou art truly present in the Blessed Sacrament of the Altar. O Lord, since I cannot now receive Thee in Holy Communion, come at least spiritually into my heart. Permit not that I should ever be separated from Thee. Amen.

ANIMA CHRISTI

Soul of Christ, be my sanctification.
Body of Christ, be my salvation.
Blood of Christ, fill all my veins.
Water from the Side of Christ,
wash out my stains.
Passion of Christ, my comfort be.
O good Jesus, listen to me.
In Thy wounds I fain would hide,
Ne'er to be parted from Thy side.
Guard me should the foe assail me.
Call me when my life should fail me.
Bid me come to Thee above,
With all Thy Saints to sing Thy love,
World without end. Amen.



Indulgence: 300 days; 7 years if recited after Holy Communion; plenary once a month under usual conditions, if said devoutly every day. (Jan 9, 1854)